



JOIN HANDS. OPEN YOUR HEART. LEND YOUR MUSCLE. FIND YOUR VOICE. GIVE AN HOUR. GIVE A SATURDAY. THINK OF *WE* BEFORE *ME*. **REACH OUT A HAND TO ONE AND INFLUENCE THE CONDITION OF ALL.** GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED. JOIN HANDS. OPEN YOUR HEART. LEND YOUR MUSCLE. FIND YOUR VOICE. GIVE AN HOUR. GIVE A SATURDAY. **THINK OF WE BEFORE ME.** REACH OUT A HAND TO ONE AND INFLUENCE THE CONDITION OF ALL. **GIVE. ADVOCATE. VOLUNTEER.** LIVE UNITED. JOIN HANDS. OPEN YOUR HEART. **LEND YOUR MUSCLE.** FIND YOUR VOICE. GIVE AN HOUR. GIVE A SATURDAY. THINK OF *WE* BEFORE *ME*. REACH OUT A HAND TO ONE AND INFLUENCE THE CONDITION OF ALL. GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED. **JOIN HANDS. OPEN YOUR HEART.** LEND YOUR MUSCLE. **FIND YOUR VOICE.** GIVE AN HOUR. GIVE A SATURDAY. THINK OF *WE* BEFORE *ME*. REACH OUT A HAND TO ONE AND INFLUENCE THE CONDITION OF ALL. **GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED.**