

A Guide to Accessing Food in Stamford

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 883-6034. For more information about community resources, please dial 2-1-1 or visit www.211ct.org

STAMFORD PUBLIC SCHOOLS FREE SUMMER MEALS

Through Chartwells Dining Services, children and teens 18 and younger will receive free meals during the summer at the sites listed below. All sites serve breakfast and lunch meals, every Wednesday. Meal service dates are 6/23/2021 – 8/25/2021, between 11 am and 1 pm

Children do not need to be present to pick up meals.

Lathan Wilder Community Center,
137 Henry Street, Stamford CT 06902

Trailblazers (DOMUS),
83 Lockwood Avenue, Stamford, CT 06902

Rogers International School,
102 Blachley Road, Stamford, CT 06902

Cloonan Middle School,
11 West North Street, Stamford, CT 06902

For more information, call Stamford Public Schools at (203) 977-1177.

HOME DELIVERIES

Person-to-Person

For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday—Friday. Drop off time between 1:30pm-2:30pm.

Home Deliveries / Seniors

The Stamford Senior Center

www.stamfordseniorct.org

Senior Lunch Program, reduced fair food for individuals who are 60+ years old. For more information, contact Christina Crain at 203-977-5151 or ccrain@stamfordct.gov

Catholic Charities Senior Nutrition Program Meals on Wheels

(203) 324-6175

www.ccfairfield.org/programs/senior-nutrition

Receiving referrals for their Meals on Wheels program for homebound seniors, 60+ years. Delivers pre-packaged single or double meals up to 7 days per week. Reviews new referrals on a case-by-case basis.

SilverSource

2009 Summer Street, Stamford CT 06905

(203) 324-6584

www.silversource.org

Senior Well Check / Virtual Companion Telephone support:

Seniors can sign up for a weekly Well Check call as well as support for food and assistance with other services, community, and support programs. Ask about special dietary or renal diet accommodations.

Professional Referrals:

<https://silversource.org/professional-referrals/>

For information about food or other services, call (203) 324-6584.

SNAP (Food Stamps)

End Hunger Connecticut! SNAP Call Center

www.endhungerct.org

Call the toll-free SNAP Call Center at 866-974-SNAP (7627) To check hours and for more information, go to www.ctsnap.org.

The End Hunger Connecticut!'s SNAP Call Center remains in full operation to help with applications, redeterminations, and other assistance for SNAP. They are experiencing an influx of calls, so you may need to leave a message. English and Spanish .

STAMFORD WIC PROGRAM (Women, Infants & Children)

(203) 977-4385

Currently all appointments are by phone. Call and leave a message with your name and number. Services: Individual time to speak with a nutritionist or trained professional about your or your child's diet; breastfeeding support and information; referrals to health care and other social services: an eWIC card to buy healthy food for you or your children.

Eligibility: Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends); breastfeeding women (up to infant's 1st birthday); non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends); infants** (up to 1st birthday); children** up to their 5th birthday.

**fathers, grandparents, foster parents or guardians may apply.

Requirements: Must live in Connecticut, but you do not need to be a U.S. citizen; complete a nutrition assessment with WIC staff; must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

OTHER SERVICES AVAILABLE

Fairgate Farm

129 Stillwater Ave., Stamford, CT 06902
(203) 940-2305

www.fairgatefarm.com

(Bus #21 stops right in front of Fairgate Farm.)

Open: Summer hours are as follows: Tuesday, 8 am-12 noon & 2-6pm; Wednesday, 8 am-12 noon; Thursday, 8 am-12noon & 2-6pm; Saturday, 8 am-12 noon. (SNAP, WIC, & Senior Farmers' Market Nutrition Program checks accepted!)

Fairgate Farm has a SNAP Matching Program

Eligibility: All are welcome

Food: Organically grown fruits and vegetables

Please visit website for information on volunteering

Food Rescue US

(800) 280-3298x10

www.foodrescue.us

Food Rescue US transfers fresh, excess food from grocers, restaurants, and other food donors to social service agencies that work with food insecure clients. During the pandemic, two emergency hunger relief programs, The Community Kitchen Meal Program and Restaurant Meal Program, provide individual meals to social service agency partners. Contact Danielle Blaine at Danielle@foodrescue.us if you would like to volunteer or your organization would like to receive food.

Filling in the Blanks

(203) 750-0019

www.fillingintheblanks.org

Gets weekend meal bags directly to children. Works with schools, after-school programs, and summer camps in towns in Fairfield and Westchester Counties. Children who qualify for the free/reduced meal program or are part of the ALICE population are eligible. To find out how to register your child, volunteer, or donate, please contact info@fillingintheblanks.org

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Members of the Stamford Food Collaborative, which includes providers of critical food assistance services, including food pantries, congregate meal programs, and meal delivery programs are implementing safety and hygiene precautions to protect the health of participants, volunteers, and staff. Please call ahead to determine whether operating hours have changed.

FOOD PANTRIES

Faith Tabernacle Church Food Pantry

29 Grove St, Stamford, CT (203) 348-8755

Open: Thursday, 7:30am-10:30am.

Eligibility: Anyone.

Requirements: None.

Frequency of Visits: Every Thursday.

Haitian American Community Center

93 Hope St., Stamford, CT 06906, (203) 406-0343

Open: Thursday, 11 am – 2 pm.

Eligibility: Anyone in need of food.

Requirements: Must fill out an application.

Frequency of Visits: Every Thursday.

New Covenant Center

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT (203) 964-8228

Open: Tuesday & Friday, 10:30 am - 4:00 pm;

Thursday, 10:30 am - 2:00 pm

Eligibility: Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich.

Requirements: Pantry applications are accepted on Wednesdays from 11 am - 2 pm. Proof of identification (state-issued ID or passport; birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return).

Frequency of Visits: Monthly by appointment.

Emergency Visits: During the pandemic crisis, walk-up emergency food requests will be filled based on availability. Clients will be asked to come back to register when convenient for them

Person-to-Person

www.p2phelps.org

Must call for an appointment.

Starting July 12, P2P will be operating its Mobile Food Pantry at the following locations:

Monday, 11am-1pm, Yerwood Center

2pm-4pm, Stamford Manor

Tuesday, 11am-1pm, Ferguson Library South End Branch 2pm-4pm, Quintard Terrace

Wednesday, 11am-3pm, DOMUS

Thursday, 3pm-7pm, Building One Community

Friday, 11am - 1pm, TBD

Eligibility: Open to residents in need of food living in Stamford, Darien, New Canaan, Norwalk, Westport, Weston, Wilton.

Requirements: Call (203) 655-0048 for an appointment and necessary documents to bring.

Frequency of Visits: Every 28 days

For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday—Friday. Drop off time between 1:30pm-2:30pm

The Salvation Army of Stamford

www.ctru.salvationarmy.org/sne

198 Selleck St., Stamford, CT 06902, (203) 359-2320

Open: Monday & Wednesday, 9 am-12 pm.

Eligibility: Stamford residents in need of food.

Requirements: Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address).

Frequency of Visits: Once a month.

Schilo Food Pantry Program

Schilo Seventh-Day Adventist Church

977 Hope St., Stamford, CT 06907

(203) 293-8256

www.facebook.com/schilofoodpantry/

Open: Every 2nd and 4th Saturday of the month, 4- 6 pm.

Eligibility: Residents of Fairfield County in need.

Requirements: Must complete an application with a photo ID.

Frequency of visits: Every 2nd and 4th Sunday of the month.

Schoke Jewish Family Service

196 Greyrock Place, CT 06901, (203) 921-4161

www.ctjfs.org

Open: Monday, Tuesday & Wednesday, 10:30 am-2:30 pm. Other times available by appointment

Eligibility: Anyone in need of food.

Requirements: Must complete application showing proof of residency, income & household.

Frequency of Visits: Once a month.

Food: Kosher products only.

Wilson Memorial Church of God

164 Richmond Hill Ave., Stamford, CT 06902

(203) 557-9807

Open: Thursday, 1 - 2 pm. Sign up for a ticket starts at 9 am.

Eligibility: Anyone in need of food.

Requirements: Must have a ticket. Tickets are handed out at 9 am.

Frequency of Visits: Weekly, every Thursday

Women's Mentoring Network, Inc.

www.wmnc.org

(203) 357-1561 / (203) 348-3828

141 Franklin St., Stamford, CT 06901

Open: Last Friday of every month 9:00am-5:00pm

Eligibility: Clients of Women's Mentoring Network or emergency requests.

FOOD BANKS

Connecticut Food Bank

2 Research Parkway, Wallingford, CT 06492

(203) 469-5000

www.ctfoodbank.org

Servicing the town pantries, soup kitchens, & other programs; providing direct-service programs including Mobile Food Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County

461 Glenbrook Rd., Stamford, CT 06906

(203) 358-8898

www.foodbanklfc.org

The Food Bank of Lower Fairfield County provides food to any qualified non-profit agency in a six town area of Fairfield County (Darien, Greenwich, New Canaan, Norwalk, Stamford, and Wilton) that serves low income people through congregate meals or bags of groceries.

MOBILE FOOD PANTRIES

Connecticut Food Bank Mobile Food Pantry

Mobile Food Pantries provide fresh produce & dairy products, as well as shelf-stable foods.

For information on Mobile Food Pantries, go to www.ctfoodbank.org and click on the Mobile Food Pantry schedule from the home page.

CONGREGATE MEALS

New Covenant Center Café

174 Richmond Hill Ave., Stamford, CT 06902

(203) 964-8228

www.newcovenantcenter.org

Grab and go meals are distributed for lunch Monday-Sunday, 12:30-1:30 pm and for dinner Monday-Saturday, 4:30-5:30 pm. Meals are distributed from the doorway.

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