

### Stamford Senior Center

[www.stamfordseniorct.org](http://www.stamfordseniorct.org)

888 Washington Blvd., Stamford, CT, 06901,  
(203) 977-5151

Open: Breakfast – Monday- Friday, 7:30am - 11:00am,  
Lunch – Monday - Friday, 11:30am - 2:30pm

Eligibility: Anyone 60 years of age or older

Requirements: Must fill out an application; Suggested donation of \$4.00 for anyone 60 years of age or older.

### Shelters

*Volunteers provide dinner for individuals that are currently residing in the shelters.*

[www.shelterforhomeless.org](http://www.shelterforhomeless.org)

Dinner is served Monday-Sunday, 6:00 pm-7:00 pm

#### Men's Shelter – Pacific House

Velma Clark – (203) 348-2792

597 Pacific St., Stamford, CT 06902

#### Women's Shelter - Inspirica

[www.inspirica.org/emergency-shelters/](http://www.inspirica.org/emergency-shelters/)

Anavivian Escalante – (203) 388-0170

8 Woodland Place, Stamford, CT 06902

11:00am –12:00pm

#### Person to Person at Domus

83 Lockwood Ave., Stamford, CT 06902 (entrance on 22 Franklin St.)

### Program Sponsored

#### Saint Joseph's Parenting Center

[www.sjpcenter.org](http://www.sjpcenter.org)

90 Fairfield Ave., Stamford, CT 06902, (203) 588-1934

Open: Monday, Tuesday, Thursday, Friday, 10:00am - 4:00pm & Wednesday, 10:00am - 8:00pm

Eligibility: Clients of Saint Joseph's Parenting Center.

Frequency of Visits: Free groceries offered after each class & on an as-needed basis.

#### Women's Mentoring Network, Inc.

[www.wmninc.org](http://www.wmninc.org)

141 Franklin St., Stamford, CT 06901, (203) 348 - 3828

Open: Last Thursday of every month 9:00am - 5:00pm

Eligibility: Clients of Women's Mentoring Network.

Frequency of Visits: Once a month at end of month.

### Other Services Available

#### Ample Harvest

[www.ampleharvest.org](http://www.ampleharvest.org)

Ample Harvest enables millions of growers in this country to donate excess garden produce to a local food pantry.

### Fairgate Farm

[www.fairgatefarm.com](http://www.fairgatefarm.com)

129 Stillwater Ave., Stamford, CT 06902,  
(203) 977-1400 Ext. 3408.

(Bus #21 stops right in front of Fairgate Farm.)

Open: Volunteer hours change with our farming seasons.

Please visit our website or call.

Eligibility: All are welcome

Requirements: None

Frequency of Visits: Unlimited

Food: Organically grown fruits and vegetables (Fairgate Farm is part of the Vita Health System.)

*Volunteers who help out can receive what is grown on the farm. Everyone can enjoy the health benefits & flavors of fresh organic produce in their own homes. Fairgate Farm also makes regular, fresh-from-the-farm deliveries to local agencies in Stamford.*

#### Filling in the Blanks

[www.fillingintheblanks.org](http://www.fillingintheblanks.org)

(203) 750-0019

Filling in the Blanks provides weekend meals to children in need who are eligible for the free-or-reduced school lunch program. Filling in the Blanks works directly with the schools. Every week the child is provided with a bag of non-perishable, easy-to-prepare food. This program is available throughout the year, including the summer months. During the summer, the program is available at various community centers and summer camps. *This program is currently at the following agencies in Stamford:*

AITE - 411 High Ridge Rd.

Childcare Learning Centers of Fairfield County - 90 Maple Ave.

Davenport Ridge School - 1300 Newfield Ave.

Domus - 83 Lockwood Rd.

KT Murphy School - 19 Horton St.

Newfield School - 349 Pepper Ridge Rd.

Roxbury School - 751 West Hill Rd.

Scofield Middle School - 641 Scofieldtown Rd.

Springdale School - 1127 Hope St.

Stillmeadow School - 800 Stillwater Rd.

Stamford High School - 55 Strawberry Hill Ave.

Strawberry Hill School - 200 Strawberry Hill Ave.

Toquam School - 123 Ridgewood Ave.

Westover School - 412 Stillwater Ave.

#### Food Rescue US

[www.foodrescue.us](http://www.foodrescue.us)

27 Ann St., Ground Floor, Norwalk, CT 06854, (800) 280-3298  
Food Rescue US is committed to ending American food insecurity by directly transferring fresh, usable food that would have otherwise been thrown away from restaurants, grocers & other sources to food-insecure families throughout the U.S.

### Stamford Summer Meals Program

[www.stamfordpublicschools.org](http://www.stamfordpublicschools.org)

#### Chartwells Dining Services

Rita Crocco -Assistant Food Service Director

(203) 977-4738

This program, an extension of the National School Lunch Program, provides meals to children during the summer. The program is federally funded through the U.S. Dept. of Agriculture & is administered by the Connecticut State Department of Education. *Under this program, nutritious meals will be provided through Chartwells Dining Services, free of charge, to all Stamford children, 18 years of age and under, at the following locations in Stamford:*

Barrett Playground, Belltown Park – Newfield Ave.

Chester Addison Center – 245 Selleck St.

Cloonan Middle School – 11 W. North St.

Davenport School – 1300 Newfield Ave.

Fairgate – 9 Fairgate Dr.

The Ferguson Library South End Branch – 31 Woodland Ave.

Hart School – 61 Adams Ave.

Julia A. Stark School – 398 Glenbrook Rd.

Martin Luther King Jr. Apartments – 40 Stillwater Ave.

Newfield School – 345 Pepperidge Rd.

Rippowam School – 81 High Ridge Rd.

Rogers International School – 102 Blachley Rd.

SoundWaters, Cove Island Park – 1281 Cove Rd.

Stillmeadow School – 800 Stillwater Ave.

Trailblazers – 83 Lockwood Ave.

Westover School – 412 Stillwater Ave.

Yerwood Center – 90 Fairfield Ave.

YMCA – 909 Washington Blvd.

#### Kids Backpack Program – Connecticut Food Bank

[www.ctfoodbank.org](http://www.ctfoodbank.org)

Program coordinator: (203) 469-5000

The Kids Backpack Program benefits children in schools with a high rate of students who qualify for free & reduced lunch. Within those schools, teachers & staff identify students who appear to be coming in on Monday morning hungry. These students are then set up to receive a food pack on Thursday or Friday afternoons to take home for the weekend. The schools work to ensure that the students who are enrolled in the program are anonymous.

This program is currently at the following schools in Stamford: Park Avenue Elementary School, Great Plain School, Pembroke Elementary, King St. Primary School and Intermediate School, Morris St. Elementary, South Street School, Broadview School, Stadley Rough, Hayestown Elementary School.



## A Guide to Accessing Food in Stamford

# Stamford Food Collaborative

## Our Mission

In 2015, United Way formed the Stamford Food Collaborative (SFC), bringing together more than 20 food pantries, soup kitchens, nonprofit organizations, and passionate community members. This group works collaboratively to have a greater impact on community hunger and food insecurity among struggling, hard-working families in Stamford. The mission of the SFC is to improve access to food, quality of food and sustainability of food for all members of our city.

This free guide lists locations of food pantries and congregate meal sites, as well as opportunities for community members to donate food to a local food pantry. The guide lists names and contact information for various food resources and includes days and times of operation and qualifications necessary to receive these services.

To view this guide online, please visit :  
<https://www.uwwesternct.org/stamfordfoodcollaborative>



## Food Pantries

### Faith Tabernacle Church

[www.faithtabct.org](http://www.faithtabct.org)

29 Grove St. – Stamford, CT 06905, (203) 348-8755

**Open:** Monday –Thursday, 9:00am - 4:00pm,  
Emergencies only (Thursdays 8:00am - 11:00am)

**Eligibility:** Anyone in need of food.

**Requirements:** Must fill out an application.

**Frequency of Visits:** Once a week or whenever in need.

**Food:** Meat, canned goods, pasta, produce, bread, & dessert on occasion.

### Haiti Community Center

93 Hope St., Stamford, CT 06906, (203) 406-0343

**Open:** Thursday, 11:00am – 2:00pm

**Eligibility:** Anyone in need of food.

**Requirements:** Must fill out an application.

**Frequency of Visits:** Every Thursday

**Food:** Chicken, vegetables, pasta, rice, canned goods.

### New Covenant Center

[www.newcovenantcenter.org](http://www.newcovenantcenter.org)

174 Richmond Hill Ave., Stamford, CT 06902, (203) 964-8228

**Open:** Tuesday & Friday, 10:30am - 4:30pm; Thursday, 10:30am - 1:30pm

**Eligibility:** Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich.

**Requirements:** Pantry applications are accepted on Wednesdays from 11:00am - 2:00pm. Proof of identification (state-issued ID or passport; birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)

**Frequency of Visits:** Monthly by appointment.

**Food:** Non-perishable items, dairy products, fruit, vegetables, meat & bread.

### Person-to-Person

[www.p2phelps.org](http://www.p2phelps.org)

1864 Post Rd., Darien, CT 06820, (203) 655-0048

**Open:** Monday – Friday, 9:00am - 4:00pm, Thursday evenings, 4:00pm - 6:00pm, Saturday, 9:00am - 12:00pm Closed on Saturdays June through August.

**Eligibility:** Open to low-income residents in need of food who reside in Stamford, Darien or New Canaan.

**Requirements:** Must be referred by a case worker or social worker. If meeting with a Person-to-Person caseworker, proof of income and SNAP award letter must be provided.

**Frequency of Visits:** As needed per referral

**Food:** Non-perishable items, milk, fruit, vegetables & meat.

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 348-7711. For more information about community resources, please dial 2-1-1 or visit [www.211.ct.org](http://www.211.ct.org)

### Salvation Army

[www.ctru.salvationarmy.org/sne](http://www.ctru.salvationarmy.org/sne)

198 Selleck St., Stamford, CT 06902, (203) 359-2320

**Open:** Monday & Wednesday, 10:00am - 3:00pm

**Eligibility:** Stamford residents in need of food.

**Requirements:** Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address.)

**Frequency of Visits:** Once a month.

**Food:** Produce, canned vegetables, meat, pasta, cereal, canned fruit.

### Schilo Food Pantry Program

[www.facebook.com/schilofoodpantry/](http://www.facebook.com/schilofoodpantry/)

Schilo Seventh-Day Adventist Church 977 Hope St., Stamford, CT 06907, (203) 293-8256

**Open:** Every 2nd & 4th Sunday of the month, 10:00am -12:00pm

**Eligibility:** Fairfield county residents in need of food.

**Requirements:** Must fill out application & have a photo ID.

**Frequency of Visits:** Every 2nd & 4th Sunday of the month.

### Schoke Jewish Family Service

[www.ctjfs.org](http://www.ctjfs.org)

733 Summer St., 6th Floor – Stamford, CT 06901, (203) 921-4161

**Open:** Monday, Tuesday & Wednesday, 10:30am - 12:30pm, Other times available by appointment only.

**Eligibility:** Anyone in need of food.

**Requirements:** Must complete application showing proof of residency, income & household.

**Frequency of Visits:** Once a month.

**Food:** Kosher products only.

### Wilson Memorial Church of God

164 Richmond Hill Ave., Stamford, CT 06902

**Open:** Thursday, 1:00pm - 2:00pm

**Eligibility:** Anyone in need of food.

**Requirements:** Call to make an appointment, sign up from 9:00am - 12:00pm.

**Frequency of Visits:** Weekly, Every Thursday

**Food:** Meat (when available), canned goods, bread, pasta, juice, cereal, eggs, vegetables, fruit.

## Food Banks

### Connecticut Food Bank

[www.ctfoodbank.org](http://www.ctfoodbank.org)

2 Research Parkway, Wallingford, CT 06492, (203) 469-5000

Servicing the town pantries, soup kitchens, & other programs, providing direct-service programs including Mobile Food Pantry, Kids Backpack Program, GROW!, Farm-to-Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

### Food Bank of Lower Fairfield County

[www.foodbanklfc.org](http://www.foodbanklfc.org)

461 Glenbrook Rd., Stamford, CT 06906, (203) 358-8898

## Mobile Food Pantries

### Connecticut Food Bank Mobile Food Pantry

Mobile Food Pantries provide fresh produce & dairy products, as well as shelf-stable foods.

**Every 2nd Tuesday of the month,** 5:30pm - 6:30pm

[www.uwwesternct.org/mobilefoodpantries](http://www.uwwesternct.org/mobilefoodpantries)

Union Baptist Church, 805 Newfield Ave., Stamford, CT 06905  
*This mobile food pantry is made possible by the United Way of Western Connecticut.*

**Every 4th Monday of the month** 11:00am—12:00pm

Person to Person at Domus: 83 Lockwood Ave  
(entrance on 22 Franklin)

*Weather Cancellation Policy: Mobile Food Pantries are cancelled if Stamford Public Schools are closed and/or weather is at 32 degrees or below.*

### Person-to-Person On Wheels Mobile Food Pantry

Call for an Appointment: (203) 655-0048

Monday, 11:00am - 3:00pm, Yerwood Center, 90 Fairfield Ave;  
Tuesday, 11:00am - 3:00pm, Ferguson Library South, 34 Woodland Ave.; Wednesday, 11:00am - 3:00pm, DOMUS, 83 Lockwood Ave.; and Thursday, 3:00 - 7:00 pm, Building One Community, 75 Selleck St.

## Congregate Meals

Congregate meal providers offer prepared meals. Some also offer food-pantry items for clients to take home.

### New Covenant Center Café

[www.newcovenantcenter.org](http://www.newcovenantcenter.org)

174 Richmond Hill Ave., Stamford, CT 06902  
(203) 964-8228

**Open:** Lunch – Monday - Sunday, 12:30pm - 1:30pm,

Dinner – Monday - Saturday, 4:30pm - 5:30pm

**Eligibility:** Anyone in need of food.

**Requirements:** None

### Catholic Charities Senior Nutrition Program

*For people who are 60 years of age or older. The following three sites are under Catholic Charities:*

*Maureen Neuberger - (203) 324-6175, [www.ccfairfield.org](http://www.ccfairfield.org)*

### Jewish Community Center

1035 Newfield Ave., Stamford, CT 06905, (203) 487-0983

**Open:** Lunch - Monday, 12:00pm for the Retired Men's Club,

Lunch -Tuesday, Thursday & Friday at 12:00pm for senior adults

**Eligibility:** Anyone 60 years of age or older.

**Requirements:** Reservations required; Suggested donation of \$4.00 for anyone 60 years of age or older.

*\*All meals are kosher.*

### The Over 60 Club Inc.

Located in Saint John's Episcopal Church, 628 Main St., Stamford, CT 06901, (203) 249-2607

**Open:** Lunch – Monday - Friday at 12:00pm