

Stamford Senior Center

www.stamfordseniorct.org

888 Washington Blvd., Stamford, CT, 06901,
(203) 977-5151

Open: Breakfast – Monday- Friday, 7:30am - 11:00am,
Lunch – Monday - Friday, 11:30am - 2:30pm

Eligibility: Anyone 60 years of age or older

Requirements: Must fill out an application; Suggested donation of \$4.00 for anyone 60 years of age or older.

Shelters

Volunteers provide dinner for individuals that are currently residing in the shelters.

www.shelterforhomeless.org

Dinner is served Monday-Sunday, 6:00 pm-7:00 pm

Men's Shelter – Pacific House

Velma Clark – (203) 348-2792
597 Pacific St., Stamford, CT 06902

Women's Shelter - Inspirica

www.inspiricact.org/emergency-shelters/

Anavivian Escalante – (203) 388-0170
8 Woodland Place, Stamford, CT 06902
11:00am –12:00pm

Person to Person at Domus

83 Lockwood Ave, Stamford, CT (entrance 22 Franklin St.)

Program Sponsored

Saint Joseph's Parenting Center

www.sjpcenter.org

90 Fairfield Ave., Stamford, CT 06902, (203) 588-1934

Open: Monday, Tuesday, Thursday, Friday, 10:00am - 4:00pm & Wednesday, 10:00am - 8:00pm

Eligibility: Clients of Saint Joseph's Parenting Center.

Frequency of Visits: Free groceries offered after each class & on an as-needed basis.

Women's Mentoring Network, Inc.

www.wmninc.org

141 Franklin St., Stamford, CT 06901, (203) 348 - 3828

Open: Last Thursday of every month 9:00am - 5:00pm

Eligibility: Clients of Women's Mentoring Network.

Frequency of Visits: Once a month at end of month.

Other Services Available

Ample Harvest

www.ampleharvest.org

Ample Harvest enables millions of growers in this country to donate excess garden produce to a local food pantry.

Fairgate Farm

www.fairgatefarm.com

129 Stillwater Ave., Stamford, CT 06902,
(203) 977-1400 Ext. 3408.

(Bus #21 stops right in front of Fairgate Farm.)

Open: Volunteer Hours change with farming seasons

Farmers Market: June-October

Thursdays 12-6pm

Saturdays 9am-12pm (SNAP Accepted)

Eligibility: All are welcome

Requirements: None

Frequency of Visits: Unlimited

Food: Organically grown fruits and vegetables

Volunteers who help out can receive what is grown on the farm. Everyone can enjoy the health benefits & flavors of fresh organic produce in their own homes.

Filling in the Blanks

www.fillingintheblanks.org

(203) 750-0019

Filling in the Blanks provides weekend meals to children in need who are eligible for the free-or-reduced school lunch program. Filling in the Blanks works directly with the schools.

Every week the child is provided with a bag of non-perishable, easy-to-prepare food. This program is available throughout the year, including the summer months. During the summer, the program is available at various community centers and summer camps.

This program is currently at the following agencies in Stamford:

AITE - 411 High Ridge Rd.

Childcare Learning Centers of Fairfield County - 90 Maple Ave.

Cloonan Middle School - 11 W North St

Davenport Ridge School - 1300 Newfield Ave.

Domus - 83 Lockwood Rd.

Future 5 - 135 Atlantic St.

KT Murphy School - 19 Horton St.

Newfield School - 349 Pepper Ridge Rd.

Rippowam Middle School - 381 High Ridge Rd.

Roxbury School - 751 West Hill Rd.

Scofield Middle School - 641 Scofieldtown Rd.

Springdale School - 1127 Hope St.

Stillmeadow School - 800 Stillwater Rd.

Stamford High School - 55 Strawberry Hill Ave.

Strawberry Hill School - 200 Strawberry Hill Ave.

Toquam School - 123 Ridgewood Ave.

Food Rescue US

www.foodrescue.us

27 Ann St., Ground Floor, Norwalk, CT 06854,(800) 280-3298

Food Rescue US is committed to ending American food insecurity by directly transferring fresh, usable food that would have otherwise been thrown away from restaurants, grocers & other sources to food-insecure families throughout the U.S. Contact Food Rescue US if you would like to volunteer or if your organization would accept food donations.

Stamford Free Summer Meals Program

Chartwells Dining Services

Rita Crocco—Asst. Food Service Director 203-977-4738
Call toll free 211, or text CTMeals to 877877 to find a location near you.

Free, nutritious meals for all kids and teens 18 and under. No ID, paperwork, or registration required

Visit www.endhungerct.org/summer-meals for schedule

This program is an extension of the National School Lunch Program and provided by Chartwells Dining Services.

Meals served at the following locations in Stamford:

AITE High School - 411 High Ridge Rd.

Barrett Playground, Belltown Park – Newfield Ave.

Chester Addison Center – 245 Selleck St.

Cloonan Middle School – 11 W. North St.

Davenport School – 1300 Newfield Ave.

Dolan Middle School – 51 Toms Rd.

Fairgate – 9 Fairgate Dr.

The Ferguson Library South End – 31 Woodland Ave.

Hart School – 61 Adams Ave.

Julia A. Stark School – 398 Glenbrook Rd.

Martin Luther King Jr. Apartments – 40 Stillwater Ave.

Newfield School – 345 Pepperidge Rd.

Rippowam School – 81 High Ridge Rd.

Rogers International School – 102 Blachley Rd.

SoundWaters, Cove Island Park – 1281 Cove Rd

Springdale School - 1127 Hope St.

Stamford Recreation Star Center - 1170 Shippan Ave

Stillmeadow School – 800 Stillwater Ave.

Trailblazers – 83 Lockwood Ave.

Westover - 1 Elmcroft Rd. 4th Floor

Yerwood Center – 90 Fairfield Ave.

YMCA – 909 Washington Blvd.



A Guide to Accessing Food in Stamford

Stamford Food Collaborative

Our Mission

In 2015, United Way formed the Stamford Food Collaborative (SFC), bringing together more than 20 food pantries, soup kitchens, nonprofit organizations, and passionate community members. This group works collaboratively to have a greater impact on community hunger and food insecurity among struggling, hard-working families in Stamford. The mission of the SFC is to improve access to food, quality of food and sustainability of food for all members of our city.

This guide lists locations of food pantries and congregate meal sites, as well as opportunities for community members to donate food to a local food pantry. The guide lists names and contact information for various food resources and includes days and times of operation and qualifications necessary to receive these services.

To view this guide online, please visit : <https://www.uwwesternct.org/stamfordfoodcollaborative>



Food Pantries

Faith Tabernacle Church

www.faihtabct.org

29 Grove St. – Stamford, CT 06905, (203) 348-8755

Open: Monday –Thursday, 9:00am - 4:00pm, Emergencies only (Thursdays 8:00am - 11:00am)

Eligibility: Anyone in need of food.

Requirements: Must fill out an application.

Frequency of Visits: Once a week or whenever in need.

Food: Meat, canned goods, pasta, produce, bread, & dessert on occasion.

Haiti Community Center

93 Hope St., Stamford, CT 06906, (203) 406-0343

Open: Thursday, 11:00am – 2:00pm

Eligibility: Anyone in need of food.

Requirements: Must fill out an application.

Frequency of Visits: Every Thursday

Food: Chicken, vegetables, pasta, rice, canned goods.

New Covenant Center

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT 06902, (203) 964-8228

Open: Tuesday & Friday, 10:30am - 4:30pm; Thursday, 10:30am - 2:00pm

Eligibility: Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich.

Requirements: Pantry applications are accepted on Wednesdays from 11:00am - 2:00pm. Proof of identification (state-issued ID or passport; birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)

Frequency of Visits: Monthly by appointment.

Food: Non-perishable items, dairy products, fruit, vegetables, meat & bread.

Person-to-Person

www.p2phelps.org

1864 Post Rd., Darien, CT 06820, (203) 655-0048

Open: Monday – Friday, 9:00am - 4:00pm, Thursday evenings, 4:00pm - 6:00pm, Saturday, 9:00am - 12:00pm Closed on Saturdays June through August.

Eligibility: Open to low-income residents in need of food who reside in Stamford, Darien or New Canaan.

Requirements: Must be referred by a case worker or social worker. If meeting with a Person-to-Person caseworker, proof of income and SNAP award letter must be provided.

Frequency of Visits: As needed per referral

Food: Non-perishable items, milk, fruit, vegetables & meat.

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 348-7711. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

Salvation Army

www.ctru.salvationarmy.org/sne

198 Selleck St., Stamford, CT 06902, (203) 359-2320

Open: Monday & Wednesday, 10:00am - 3:00pm

Eligibility: Stamford residents in need of food.

Requirements: Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address.)

Frequency of Visits: Once a month.

Food: Produce, canned vegetables, meat, pasta, cereal, canned fruit.

Schilo Food Pantry Program

www.facebook.com/schilofoodpantry/

Schilo Seventh-Day Adventist Church 977 Hope St., Stamford, CT 06907, (203) 293-8256

Open: Every 2nd & 4th Sunday of the month, 10:00am -12:00pm

Eligibility: Fairfield county residents in need of food.

Requirements: Must fill out application & have a photo ID.

Frequency of Visits: Every 2nd & 4th Sunday of the month.

Schoke Jewish Family Service

www.ctjfs.org

733 Summer St., 6th Floor – Stamford, CT 06901, (203) 921-4161

Open: Monday, Tuesday & Wednesday, 10:30am - 12:30pm, Other times available by appointment only.

Eligibility: Anyone in need of food.

Requirements: Must complete application showing proof of residency, income & household.

Frequency of Visits: Once a month.

Food: Kosher products only.

Wilson Memorial Church of God

164 Richmond Hill Ave., Stamford, CT 06902

Open: Thursday, 1:00pm - 2:00pm

Eligibility: Anyone in need of food.

Requirements: Call to make an appointment, sign up from 9:00am - 12:00pm.

Frequency of Visits: Weekly, Every Thursday

Food: Meat (when available), canned goods, bread, pasta, juice, cereal, eggs, vegetables, fruit.

Food Banks

Connecticut Food Bank

www.ctfoodbank.org

2 Research Parkway, Wallingford, CT 06492, (203) 469-5000

Servicing the town pantries, soup kitchens, & other programs, providing direct-service programs including Mobile Food Pantry, Kids Backpack Program, GROW!, Farm-to-Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County

www.foodbanklfc.org

461 Glenbrook Rd., Stamford, CT 06906, (203) 358-8898

Mobile Food Pantries

Connecticut Food Bank Mobile Food Pantry

Mobile Food Pantries provide fresh produce & dairy products, as well as shelf-stable foods.

Every 2nd Tuesday of the month, 5:30pm - 6:30pm

www.uwwesternct.org/mobilefoodpantries

Union Baptist Church, 805 Newfield Ave., Stamford, CT 06905
This mobile food pantry is made possible by the United Way of Western Connecticut.

Every 4th Monday of the month 11:00am—12:00pm

Person to Person at Domus: 83 Lockwood Ave

(entrance on 22 Franklin)

Weather Cancellation Policy: Mobile Food Pantries are cancelled if Stamford Public Schools are closed and/or weather is at 32 degrees or below.

Person-to-Person On Wheels Mobile Food Pantry

Call for an Appointment: (203) 655-0048

Monday, 11:00am - 1:00pm Yerwood Center, 90 Fairfield Ave;

Monday, 2:00-4:00pm Stamford Manor

Tuesday, 11:00am - 3:00pm, Ferguson Library South,

34 Woodland Ave.

Wednesday, 11:00am - 3:00pm, DOMUS, 83 Lockwood Ave.;

Thursday, 3:00 - 7:00 pm, Building One Community, 75 Selleck St.

Congregate Meals

Congregate meal providers offer prepared meals. Some also offer food-pantry items for clients to take home.

New Covenant Center Café

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT 06902

(203) 964-8228

Open: Breakfast –Monday - Friday 10:30am-11:30am

Lunch – Monday - Sunday, 12:30pm - 1:30pm,

Dinner – Monday - Saturday, 4:30pm - 5:30pm

Eligibility: Anyone in need of food.

Requirements: None

Catholic Charities Senior Nutrition Program

For people who are 60 years of age or older. The following three sites are under Catholic Charities:

Maureen Neuberger - (203) 324-6175, www.ccfairfield.org

Jewish Community Center

1035 Newfield Ave., Stamford, CT 06905, (203) 487-0983

Open: Lunch - Monday, 12:00pm for the Retired Men's Club,

Lunch -Tuesday, Thursday & Friday at 12:00pm for senior adults

Eligibility: Anyone 60 years of age or older.

Requirements: Reservations required; Suggested donation of \$4.00 for anyone 60 years of age or older.

**All meals are kosher.*

The Over 60 Club

Located in Saint John's Episcopal Church, 628 Main St.,

Stamford, CT 06901, (203) 249-2607

Open: Lunch – Monday - Friday at 12:00pm

Eligibility: Anyone 60 years of age or older

Requirements: None, suggested donation of \$2.00 to \$5.00 for anyone 60 years of age or older.

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