

EARN IT. \$AVE IT. GROW IT.

United Way of Western Connecticut, serving the communities of Northern Fairfield County, Southern Litchfield County and Stamford, is working to create opportunities for a better life for all by focusing on education, income and health.

Under the building block of Income, the Financial Resource Center strives to help families become financially stable and independent.

Financial Resource Center Community Partners

Bank of America
City of Danbury
Fairfield County Bank
Newtown Savings Bank

Savings Bank of Danbury
Union Savings Bank
Wells Fargo

**Call the Financial Resource Center
at (203) 297-6674 to get started!**

LEARN HOW TO MANAGE YOUR MONEY NOW TO BETTER PREPARE FOR THE FUTURE



MEET WITH A VOLUNTEER FINANCIAL COACH

The Financial Resource Center
empowering individuals and families toward financial capability





CHANGE YOUR FAMILY'S FINANCIAL FUTURE

The Financial Resource Center of United Way of Western Connecticut's **free and confidential** Financial Coaching Program can help you with your finances!

We will match you with a trained volunteer who will help you develop a better understanding of your financial situation. In one-on-one sessions with your coach, you will learn how to effectively manage your income, spending, debt and savings. Your financial coach will not budget your money for you, but will coach you through the process of doing it yourself. This way, the spending plan you create will fit your personal wants, needs and goals.

Creating a realistic spending plan is never easy. It requires a degree of self-discipline and sacrifice in the short-term, in order to reach your long-term financial goals. However, this process can be easier when you have someone knowledgeable, with your best interests at heart, helping you along the way.

Call the Financial Resource Center at (203) 297-6674 to get started!

Getting Started: Your first step should be to call the Financial Resource Center at **(203) 297-6674** to let us know you are interested in participating in this program. The program manager will set up a meeting with you and match you with a volunteer coach. Once you meet your coach, you will have between four and six coaching sessions that last approximately one to two hours each.

The First Meeting: You and your financial coach will explore your overall situation with special emphasis on your income and spending. You'll develop a personalized system for recording and paying your bills in the short term. The coach will then assign you a few easy action steps to be taken before the next meeting.

The Second Meeting: This meeting will take place a month after your first one. You and your coach will review the information you gathered and begin to outline your spending plan. The following month you will live within your new system and see how it suits you and your family.

Subsequent Meetings: Several more meetings may be necessary to make changes and adjustments to your spending plan. Each month, you will evaluate your progress and discuss helpful tips.

The Final Meeting: At this meeting, you and your coach will establish a long-term plan for success.

Meeting Location: You and your coach will decide on a time and place that's convenient for both of you. You should meet at a place with few distractions and ample table space for your paperwork. Ideas are your local library or coffee shop.

