School Meals
Stamford Public Schools will provide free grab-and-go meals from 10 am – 12 pm on Mondays, Wednesdays, and Fridays for any child aged 18 and younger. Mondays and Wednesdays: 2 breakfasts, 2 lunches, and 2 suppers per child; Fridays: 3 breakfasts and 3 lunches per child aged 18 and younger. Meals are provided at the following locations:
- Elementary Schools: Hart Magnet, 61 Adams Ave.
  Julia A. Stark, 398 Glenbrook Rd.
  K.T. Murphy, 19 Horton St.
  Rogers International School, 202 Blachley Rd.
  Stillmeadow, 800 Stillwater Rd.
  Strawberry Hill (extension of Rogers International), 200 Strawberry Hill Ave.
- Middle Schools: Cloonan, 11 W. North St
  Dolan, 51 Toms Rd.
  Rippowam, 381 High Ridge Rd.
- Community Based Organizations/Programs
  SPS Anchor at Harbor Landing, 68 Southfield Ave.
  Yerwood Center, 90 Fairfield Ave.
- Grab and Go Locations below are provided to 11:00 am to 1:00 pm
  Chester Addison Center, 245 Selleck St.
  Trailblazer (Domus), 83 Lockwood Ave.
  Building One Community, 75 Selleck St.
  11:30 am to 1:00 pm:
  Latham Wilder (South End Community Center) Back parking lot, 137 Henry Street
  Please note: Supper meals are only available at the school distribution locations. Supper meals are not available at community distribution locations in accordance with state guidelines. Meals can only be distributed to parents or guardians of eligible children (18 or younger). Duplicate meals cannot be distributed to any child.

Home Deliveries / Seniors
Senior Outreach Program
If you are a senior in need, call 203-977-7919.

The Stamford Senior Center (www.stamfordseniorct.org) will be coordinating delivery of prepared frozen meals to any senior aged 60 or older who was previously relying on the congregate meal program at the Stamford Senior Center or the Over 60 Club. Contact Christina Crain at 203-977-5151 or crcain@stamfordct.gov

Catholic Charities Senior Nutrition Program Meals on Wheels (www.ccfairfield.org/programs/senior-nutrition) 303-324-6175 Receiving referrals for their Meals on Wheels program for homebound seniors, 60+ years. Delivers pre-packaged single or double meals up to 7 days per week. Reviews new referrals on a case-by-case basis.

SilverSource
2009 Summer Street, Stamford CT 06905 203-324-6584 | www.silversource.org

Free Senior Grocery Delivery Weekly. For information about this food program, contact Alison Heim 203.324.6584

Senior Well Check / Virtual Companion Telephone support: Seniors can sign up for a weekly Well Check call as well as support for food and assistance with other services, community and support programs. Ask about special dietary or renal diet accommodations. Professional Referrals: https://silversource.org/professional-referrals/

For information about other food or other services, call 203-324-6584.

SNAP (Food Stamps)
End Hunger Connecticut! SNAP Call Center
www.endhungerct.org

The End Hunger Connecticut!’s SNAP Call Center remains in full operation to help with applications, redeterminations, and other assistance for SNAP. They are experiencing an influx of calls, so you may need to leave a message. English and Spanish. Call the toll-free SNAP Call Center at 866-974-SNAP (7627) to check hours and for more information, go to www.ctsnap.org.

Stamford WIC Program (Women, Infants & Children)
Currently all appointments are by phone. (203) 977-4385

Services:
Individual time to speak with a nutritionist or trained professional about your or your child’s diet; breastfeeding support and information; referrals to health care and other social services: an eWIC card to buy healthy food for you or your children.

Eligibility:
- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends);
- Breastfeeding women (up to infant’s 1st birthday);
- Children 1 to 5 years;
- Children 6 to 11 years;
- Children 12 to 19 years.

Requirements:
- Must live in Connecticut, but you do not need to be a U.S. citizen; complete a nutrition assessment with WIC staff; must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

For more information, or to donate food, please contact the agencies directly or call United Way at 203-883-0879. For more information about community resources, please dial 2-1-1 or visit www.211ct.org

Other Services Available
Fairgate Farm
www.fairgatefarm.com
129 Stillwater Ave., Stamford, CT 06902 203-940-2305

Food Rescue US www.foodrescue.us
165 Water Street, #204, Norwalk, CT 800-280-3298

Donate: You can donate to the Stamford Food Collaborative by going to www.uwwesternct.org/stamfordfoodcollaborative.

If You Want to Help
Donate: If you want to donate to the Stamford Food Collaborative, call Bridget Fox at 203-883-0960 or bridgefox@uwwesternct.org.

Volunteer: If you want to volunteer to deliver food to the homebound, call Bridget Fox at 203-883-0960 or bridgefox@uwwesternct.org.

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Revised 5/18/2020
COVID-19 Food Guide for Stamford

Members of the Stamford Food Collaborative, which includes providers of critical food assistance services, including food pantries, congregate meal programs, and meal delivery programs are implementing safety and hygiene precautions to protect the health of participants, volunteers, and staff. Pantries have transitioned from choice pantry models to pre-packed bags, adjusting sign-in and other operational processes to allow social distancing, and enhancing sanitizing practices. Please call ahead to determine whether operating hours have changed for food pantries or other programs.

Food Pantries

Faith Tabernacle Church Food Pantry
Operations are temporarily suspended.

Haitian American Community Center
93 Hope St., Stamford, CT 06906, (203) 406-0343
Open: Thursday, 11 am - 2 pm
Eligibility: Anyone in need of food.
Requirements: Must fill out an application.
Frequency of Visits: Every Thursday

New Covenant Center
174 Richmond Hill Ave., Stamford, CT 06902, (203) 964-8228
Open: Tuesday & Friday, 10:30 am - 4:30 pm; Thursday, 10:30 am - 2 pm
Eligibility: Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich.
Requirements: Pantry applications are accepted on Wednesdays from 11 am - 2 pm. Proof of identification (state-issued ID or passport, birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)
Frequency of Visits: Monthly by appointment.

Salvation Army of Stamford
www.ctru.salvationarmy.org
198 Selleck St., Stamford, CT 06902, (203) 359-2320
Open: Monday & Wednesday, 9 am - 12 pm
Eligibility: Stamford residents in need of food.
Requirements: Must fill out an application; must have picture ID, proof of income, proof of address (rental lease & other piece of mail with address)
Frequency of Visits: Once a month.

Schoke Jewish Family Service
www.ctjfs.org
196 Greyrock Place, Stamford, CT 06901, (203) 921-4161
Open: Monday, Tuesday, Wednesday, & Thursday, 10:30 am - 12:30 pm, Other times available by appointment only.
Eligibility: Anyone in need of food.
Requirements: Must complete application showing proof of residency, income & household.
Frequency of Visits: Once a month.
Food: Kosher products only.

Wilson Memorial Church of God
164 Richmond Hill Ave., Stamford, CT 06902
203-557-9807
Open: Thursday, 1 - 2 pm. Sign up for a ticket starts at 9 am.
Eligibility: Anyone in need of food.
Requirements: Must have a ticket. Tickets are handed out at 9 am.
Frequency of Visits: Weekly, every Thursday

Food Banks

Connecticut Food Bank
www.ctfoodbank.org
Food Bank of Lower Fairfield County
www.foodbanklfc.org
Food Pantries

Food Bank of Fairfield County
www.foodbankfcf.org
The Food Bank of Lower Fairfield County provides food to any qualified non-profit agency in a six town area of Fairfield County (Darien, Greenwich, New Canaan, Norwalk, Stamford, and Wilton) that serves low income people through congregate meals or bags of groceries.

Mobile Food Pantries

Connecticut Food Bank Mobile Food Pantry
Mobile Food Pantries provide fresh produce & dairy products, as well as shelf-stable foods.
For information on Mobile Food Pantries, go to www.ctfoodbank.org and click on the Mobile Food Pantry schedule from the home page.

Congregate Meals

New Covenant Center Café
www.newcovenantcenter.org
174 Richmond Hill Ave., Stamford, CT 06902
(203) 964-8228
Grab and go meals are distributed for lunch Monday-Sunday, 12:30-1:30 PM and for dinner Monday-Saturday, 4:30-5:30 PM. Meals are distributed from the doorway.

Home Deliveries

Food Pantry Program
www.facebook.com/schilofoodpantry/
Schilo Seventh-Day Adventist Church 977 Hope St., Stamford, CT 06907, (203) 293-8256
Open: Every 2nd and 4th Saturday of the month, 4-6 pm.
Eligibility: Residents of Fairfield County in need.
Requirements: Must complete an application with a photo ID.
Frequency of Visits: Every 2nd and 4th Sunday of the month.

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 348-7711. For more information about community resources, please dial 2-1-1 or visit www.211ct.org.

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