COVID-19 Food Guide for Stamford

School Meals

Stamford Public Schools will provide free grab-and-go meals from 10 am–12 pm on Mondays, Wednesdays, and Fridays for any child 18 and younger. Mondays and Wednesdays: 2 breakfasts, 2 lunches, and 2 suppers per child; Fridays: 3 breakfasts and 3 lunches per child 18 and younger. Meals are provided at the following locations:

Elementary Schools:
- Hart Magnet, 61 Adams Ave.
- Julia A. Stark, 398 Glenbrook Rd.
- K.T. Murphy, 19 Horton St.
- Rogers International School, 202 Blachley Rd.
- Stillmeadow, 800 Stillwater Rd.
- Strawberry Hill (extension of Rogers International), 200 Strawberry Hill Ave.

Middle Schools:
- Cloonan, 11 W. North St.
- Dolan, 51 Toms Rd.
- Rippowam, 381 High Ridge Rd.

Community Based Organizations/Programs
- SPS Anchor at Harbor Landing, 68 Southfield Ave.
- Yerwood Center, 90 Fairfield Ave.

Grab and Go Locations below are provided to 11:00 am to 1:00 pm
- Chester Addison Center, 245 Selleck St.
- Trailblazer (Domus), 83 Lockwood Ave.
- Building One Community, 75 Selleck St.

11:30 am to 1:00 pm:
- Latham Wilder (South End Community Center) Back parking lot, 137 Henry Street

Please note: Supper meals are only available at the school distribution locations. Supper meals are not available at community distribution locations in accordance with state guidelines. Meals can only be distributed to parents or guardians of eligible children (18 or younger). Duplicate meals cannot be distributed to any child.

Home Deliveries / Seniors

Senior Outreach Program
If you are a senior in need, call 203-977-7919.

The Stamford Senior Center (www.stamfordseniorct.org) will be coordinating delivery of prepared frozen meals to any senior aged 60 or older who was previously relying on the congregate meal program at the Stamford Senior Center or the Over 60 Club. They are also delivering groceries. Contact Christina Crain at 203-977-5151 or ccrain@stamfordct.gov

Catholic Charities Senior Nutrition Program Meals on Wheels (www.ccfairfield.org/programs/senior-nutrition) 203-324-6175 Receiving referrals for their Meals on Wheels program for homebound seniors, 60+ years. Delivers pre-packaged single or double meals up to 7 days per week. Reviews new referrals on a case-by-case basis.

SilverSource
2009 Summer Street, Stamford CT 06905 203.324.6158 | www.silversource.org

Free Senior Grocery Delivery Weekly. For information about this food program, contact Alison Heim 203.324.6158

Senior Well Check / Virtual Companion Telephone support:
Seniors can sign up for a weekly Well Check call as well as support for food and assistance with other services, community and support programs. Ask about special dietary or renal diet accommodations.

Professional Referrals: https://silversource.org/professional-referrals/
For information about food or other services, call 203-324-6158.

SNAP (Food Stamps)

End Hunger Connecticut! SNAP Call Center
www.endhungerct.org
The End Hunger Connecticut!’s SNAP Call Center remains in full operation to help with applications, redeterminations, and other assistance for SNAP. They are experiencing an influx of calls, so you may need to leave a message. English and Spanish.
Call the toll-free SNAP Call Center at 866-974-SNAP (7627) To check hours and for more information, go to www.ctsnap.org.

Stamford WIC Program (Women, Infants & Children)

Currently all appointments are by phone.
(203) 977-4385

Services:
Individual time to speak with a nutritionist or trained professional about your or your child’s diet; breastfeeding support and information; referrals to health care and other social services: an eWIC card to buy healthy food for you or your children.

Eligibility:
- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends);
- breastfeeding women (up to infant’s 1st birthday);
- non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends);
- infants* (up to 1st birthday);
- children** up to their 5th birthday. **fathers, grand-parents, foster parents or guardians may apply.

Requirements:
Must live in Connecticut, but you do not need to be a U.S. citizen; complete a nutrition assessment with WIC staff; must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 883-0879. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

Food Rescue US
www.foodrescue.us
165 Water Street, #204, Norwalk, CT 800-280-3298
During COVID-19, Food Rescue US is providing individual meals to their social service partners, along with excess food donations. Please contact Danielle Blaine at danielle@foodrescue.us if you would like to volunteer or your organization is interested in receiving food donations.

If You Want to Help
Donate: You can donate to the Stamford Food Collaborative by going to www.uuwestcnot.org/stamfordfoodcollaborative
You can also donate directly to the food pantries listed on this guide.

Volunteer: If you want to volunteer to deliver food to the homebound, call Bridget Fox at 203-883-0960 or bridget.fox@uuwestcnot.org

Other Services Available

Fairgate Farm
www.fairgatefarm.com
129 Stillwater Ave., Stamford, CT 06902
203-940-2305
(Bus #21 stops right in front of Fairgate Farm.) Farmers Market: Open June 4th–October Thursdays 12-6 pm; Saturdays 9am-12pm, only online ordering and curbside pick-up this season. (SNAP, WIC, & Senior Farmers’ Market Nutrition Program checks accepted!) Fairgate Farm will match up to $10 of SNAP, WIC FMNP and Senior FMNP coupons
Eligibility: All are welcome
Food: Organically grown fruits and vegetables
Please visit website for volunteer information.

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Revised 5/29/2020
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Members of the Stamford Food Collaborative, which includes providers of critical food assistance services, including food pantries, congregate meal programs, and meal delivery programs are implementing safety and hygiene precautions to protect the health of participants, volunteers, and staff. Pantries have transitioned from choice pantry models to pre-packed bags, adjusting sign-in and other operational processes to allow social distancing, and enhancing sanitizing practices. Please call ahead to determine whether operating hours have changed for food pantries or other programs.

Food Pantries

Faith Tabernacle Church Food Pantry
29 Grove St., Stamford, CT 06905, (203) 348-8755
Open: Thursday, 7:30am-10:30am
Eligibility: Anyone
Requirements: Must fill out an application.
Frequency of visits: Once per week.
Haitian American Community Center
93 Hope St., Stamford, CT 06906, (203) 406-0343
Open: Thursday, 11 am – 2 pm
Eligibility: Anyone in need of food.
Requirements: Must fill out an application.
Frequency of Visits: Every Thursday
New Covenant Center
www.newcovenantcenter.org
174 Richmond Hill Ave., Stamford, CT 06902
(203) 964-8228
Open: Tuesday & Friday, 10:30 am - 4:30 pm; Thursday, 10:30 am – 2 pm
Eligibility: Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich.
Requirements: Pantry applications are accepted on Wednesdays from 11 am - 2 pm. Proof of identification (state-issued ID or passport; birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)
Frequency of Visits: Monthly by appointment.
Emergency Visits: During the pandemic crisis, walk-up emergency food requests will be filled based on availability. Clients will be asked to come back to register when convenient for them
Person-to-Person
www.p2phelps.org
Must call for an appointment.
Darien Location:
1864 Post Rd., Darien, CT 06820, (203) 655-0048
Open: Monday - Friday, 9 am - 1 pm
Stamford Locations:
Mondays and Tuesdays, 10 am - 2 pm at Yerwood, 90 Fairfield Ave., Stamford Wednesdays, Thursdays, and Fridays, 10 am-2 pm at Domus, 83 Lockwood Ave., in the parking lot facing Frank Street.
Eligibility: Open to low-income residents in need of food living in Stamford, Darien, or New Canaan.
Requirements: Call (203) 655-0048 for an appointment and necessary documents to bring.
Frequency of Visits: Every 28 days
The Salvation Army of Stamford
www.tru.salvationarmy.org/sne
198 Selleck St., Stamford, CT 06902, (203) 359-2320
Open: Monday & Wednesday, 9 am - 12 pm
Eligibility: Stamford residents in need of food.
Requirements: Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address)
Frequency of Visits: Once a month.
Schilo Food Pantry Program
www.facebook.com/schilfoodpantry/
Schilo Seventh-Day Adventist Church 977 Hope St., Stamford, CT 06907, (203) 293-8256
Open: Every 2nd and 4th Saturday of the month, 4–6 pm
Eligibility: Residents of Fairfield County in need.
Requirements: Must complete an application with a photo ID.
Frequency of visits: Every 2nd and 4th Sunday of the month.
Schilo Jewish Family Service
www.ctjfs.org
196 Greyrock Place, CT 06901, (203) 921-4161
Open: Monday, Tuesday & Wednesday, 10:30 am -12:30 pm, Other times available by appointment only.
Eligibility: Anyone in need of food.
Requirements: Must complete an application showing proof of residency, income & household.
Frequency of Visits: Once a month.
Food: Kosher products only.
Wilson Memorial Church of God
164 Richmond Hill Ave., Stamford, CT 06902
(203) 557-9807
Open: Thursday, 1 - 2 pm. Sign up for a ticket starts at 9 am.
Eligibility: Anyone in need of food.
Requirements: Must have a ticket. Tickets are handed out at 9 am.
Frequency of Visits: Weekly, every Thursday

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 348-7711. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

Food Banks

Connecticut Food Bank
www.ctfoodbank.org
2 Research Parkway, Wallingford, CT 06492, (203) 469-5000
Serving the town pantries, soup kitchens, & other programs; providing direct-service programs including Mobile Food Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County
www.foodbanklfc.org
461 Glenbrook Rd., Stamford, CT 06906
(203) 358-8898
The Food Bank of Lower Fairfield County provides food to any qualified non-profit agency in a six town area of Fairfield County (Darien, Greenwich, New Canaan, Norwalk, Stamford, and Wilton) that serves low income people through congregate meals or bags of groceries.

Congregate Meals

New Covenant Center Café
www.newcovenantcenter.org
174 Richmond Hill Ave., Stamford, CT 06902
(203) 964-8228
Grab and go meals are distributed for lunch Monday-Sunday, 12:30-1:30 PM and for dinner Monday-Saturday, 4:30-5:30 PM. Meals are distributed from the doorway.

Home Deliveries

Person-to-Person
For those who cannot go to the pantry, home deliveries of food can be booked by calling (203) 655-0048. Deliveries are Monday—Friday. Drop off time between 1:30pm-2:30pm

Revised 5/29/2020