Congrate meals continued from other side:

Stamford Senior Center
www.stamfordseniorct.org
888 Washington Blvd., Stamford, CT 06901, (203) 977-5151
Open: Breakfast – Monday-Friday, 7:30am - 11:00am, Lunch – Monday - Friday, 11:30am - 2:30pm
Eligibility: Anyone 60 years of age or older
Requirements: Must fill out an application; Suggested donation of $4.00 for anyone 60 years of age or older.

Food: Pre

Don't qualify have the option to pay for meals privately.

Open Monday

888 Washington Blvd., 8th floor, Stamford, CT (203) 977-4385

Mon, Wed, Fri* 8:00 AM-4:30 PM (*closes at 3:30pm during the summer)

Tues., Thurs. 8:00 AM-6:00 PM

Third Saturday of the month 9:00 AM-1:00 PM

Services:

- Individual time to speak with a nutritionist or trained professional about your diet or your child’s diet.
- Breastfeeding support and information.
- Referrals to health care and other social services
- An eWIC card to buy healthy food for you or your children.

Eligibility:

- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends).
- Breastfeeding women (up to infant’s 1st birthday).
- Non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends).
- Infants** (up to 1st birthday).
- Children** up to their 5th birthday
- **Fathers, grandparents, foster parents or other guardians may apply.

Requirements:

- Must live in Connecticut, but you do not need to be a U.S. citizen.
- Complete a nutrition assessment with WIC staff.
- Must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

Food Rescue US
www.foodrescue.us
27 Ann St., Ground Floor, Norwalk, CT 06854
(800) 280-3298

Food Rescue US is committed to ending American food insecurity by directly transferring fresh, usable food that would otherwise be thrown away from restaurants, grocers & other sources to food-insecure families throughout the U.S. Please contact Food Rescue US if you would like to volunteer or if your organization would accept food donations.

SNAP (Food Stamps)
Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under ‘Apply for Benefits’. If you prefer, you can fill out the application for SNAP benefits at your local Department of Social Services office:

Stamford Field Office
1642 Bedford Street
Stamford, CT 06905

End Hunger Connecticut! SNAP Call Center
www.endhungernet.org

Associates from EHC’s SNAP Call Center are available to assist you in applying for SNAP or for redeterminations. The call center operates in both Spanish and English.

Call the toll-free SNAP Call Center at 866-974-SNAP (7627)

Stamford WIC Program (Women, Infants & Children)
888 Washington Boulevard, 8th floor, Stamford, CT (203) 977-4385

Mon, Wed, Fri* 8:00 AM-4:30 PM (*closes at 3:30pm during the summer)

Tues., Thurs. 8:00 AM-6:00 PM

Services:

- Individual time to speak with a nutritionist or trained professional about your diet or your child’s diet.
- Breastfeeding support and information.
- Referrals to health care and other social services
- An eWIC card to buy healthy food for you or your children.

Eligibility:

- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends).
- Breastfeeding women (up to infant’s 1st birthday).
- Non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends).
- Infants** (up to 1st birthday).
- Children** up to their 5th birthday
- **Fathers, grandparents, foster parents or other guardians may apply.

Requirements:

- Must live in Connecticut, but you do not need to be a U.S. citizen.
- Complete a nutrition assessment with WIC staff.
- Must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

Revised 1/28/2020
In 2015, United Way formed the Stamford Food Collaborative (SFC), bringing together more than 30 organizations including food pantries, soup kitchens, nonprofits, and passionate community members. This group works collaboratively to have a greater impact on community hunger and food insecurity among struggling, hard-working families in Stamford. The mission of the SFC is to improve access to food, quality of food and sustainability of food for all members of our city.

This guide lists locations of food pantries and congregate meal sites, as well as opportunities for community members to donate food to a local food pantry. The guide lists names and contact information for various food resources and includes days and times of operation and qualifications necessary to receive these services.

To view this guide online, please visit: https://www.uwwesternct.org/stamfordfoodcollaborative

Stamford Food Collaborative

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 348-7711. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

Our Mission

Stamford Food Collaborative

Food Pantries

Faith Tabernacle Church Food Pantry
www.faithtabct.org
29 Grove St. – Stamford, CT 06901, (203) 348-8755
Open: Emergencies only (Thursdays 8:00am - 10:30am)
Eligibility: Anyone in need of food.
Requirements: Must fill out an application. Frequency of Visits: Once a week or whenever in need.
Food: Meat, canned goods, pasta, produce, bread, & dessert on occasion.

Haitian American Community Center
93 Hope St., Stamford, CT 06906, (203) 406-0343
Open: Thursday, 11:00am - 2:00pm
Eligibility: Anyone in need of food.
Requirements: Must fill out an application. Frequency of Visits: Every Thursday

Food: Chicken, vegetables, pasta, rice, canned goods, dairy

New Covenant Center
www.newcovenantcenter.org
174 Richmond Hill Ave., Stamford, CT 06902, (203) 964-8228
Open: Tuesday & Friday; 10:30am - 4:30pm; Thursday, 10:30am - 2:00pm
Eligibility: Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich.
Requirements: Pantry applications are accepted on Wednesdays from 11:00am - 2:00pm. Proof of identification (state-issued ID or passport; birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)
Frequency of Visits: Monthly by appointment.

Food: Non-perishable items, dairy products, fruits, vegetables, meat & bread

Person-to-Person
www.p2phelps.org
1864 Post Rd., Darien, CT 06820, (203) 655-0048
Must call for an appointment
Open: Monday – Friday; 9:00am - 4:00pm,
Saturday, 9:00am - 12:00pm
Closed on Saturdays June through August.
Eligibility: Open to low-income residents in need of food who reside in Stamford, Darien or New Canaan.
Requirements: Call (203)655-0048 for an appointment and necessary documents to bring.
Frequency of Visits: Every 28 days

Food: Non-perishable items, milk, fruit, vegetables & meat. Please remember to bring your own bags.

The Salvation Army of Stamford
www.ctra.salvationarmy.org
198 Selleck St., Stamford, CT 06902, (203) 359-2320
Open: Monday & Wednesday; 10:00am - 3:00pm
Eligibility: Stamford residents in need of food.
Requirements: Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address);
Frequency of Visits: Once a month.
Food: Produce, canned vegetables, meat, pasta, cereal, canned fruit.

Schilo Pantry Program
www.facebook.com/schilofoodpantry/
196 Greyrock Place, CT 06901, (203) 293-8256
Open: Every 2nd & 4th Sunday of the month, 10:00am -12:00pm
Eligibility: Fairfield county residents in need of food.
Requirements: Must fill out application & have a photo ID.
Frequency of Visits: Every 2nd & 4th Sunday of the month.

Schilo Jewish Family Service
www.cjfs.org
174 Richmond Hill Ave., Stamford, CT 06902, (203) 921-4161
Open: Monday, Tuesday & Wednesday; 10:30am - 12:30pm, Other times available by appointment only.
Eligibility: Anyone in need of food.
Requirements: Must complete application showing proof of residency, income & household.
Frequency of Visits: Once a month.
Food: Kosher products only.

Wilson Memorial Church of God
164 Richmond Hill Ave., Stamford, CT 06902
Open: Thursday; 1:00pm - 2:00pm
Eligibility: Anyone in need of food.
Requirements: Sign up from 9:00am - 12:00pm.
Frequency of Visits: Weekly, Every Thursday

Food: Meat (when available), canned goods, bread, pasta, juice, cereal, eggs, vegetables, fruit.

Food Banks

Connecticut Food Bank
www.ctfoodbank.org
2 Research Parkway, Wallingford, CT 06492, (203) 469-5000
Servicing the town pantries, soup kitchens, & other programs, providing direct-service programs including Mobile Food Pantry, Kids Backpack Program, GROW!, Farm-to-Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County
www.foodbankofct.org
461 Glenbrook Rd., Stamford, CT 06906, (203) 358-8898

Mobile Food Pantries

Connecticut Food Bank Mobile Food Pantry
Mobile Food Pantries provide fresh produce & dairy products, as well as shelf-stable foods.
Weather Cancellation Policy: Mobile Food Pantries are cancelled if Stamford Public Schools are closed
Every 2nd Tuesday of the month, 5:30pm - 6:30pm
Union Baptist Church, 805 Newfield Ave., Stamford, CT 06905

Person-to-Person On Wheels Mobile Food Pantry
Call for an Appointment: (203) 655-0048
Monday, 11:00am - 1:00pm Yerwood Center, 90 Fairfield Ave; Monday, 2:00-4:00pm Stamford Manor, 26 Main St.
Tuesday, 11:00am - 1:00pm, Ferguson Library South, 34 Woodland Ave.
Tuesday, 2:00-4:00pm, Shippan Place 521 Shippan Ave.
Wednesday, 11:00am - 3:00pm, DOMUS, 83 Lockwood Ave.;
Thursday, 3:00 - 7:00 pm, Building One Community, 75 Selleck St
Please remember to bring your own bags!
Weather Cancellation Policy: Mobile Food Pantries are cancelled if Stamford Public Schools are closed and/or the possibility of snow in the forecast. Refer to news12.com for closing schedules

Congregate Meals

Congregate meal providers offer prepared meals. Also see food pantry items for clients to take home.

New Covenant Center Café
www.newcovenantcenter.org
174 Richmond Hill Ave., Stamford, CT 06902
(203) 964-8228
Open: Breakfast – Monday - Friday 7:00am-11:30am, Lunch – Monday - Friday 11:30am-1:30pm, Dinner – Monday - Saturday 4:30pm - 5:30pm
Eligibility: Anyone in need of food.
Requirements: None

Catholic Charities Senior Nutrition Program
Maureen Neuberger - (203) 324-6175, www.ccfairfield.org
For people who are 60 years of age or older. Meals must be eaten on site and cannot be taken home. The following three sites are under Catholic Charities:

Jewish Community Center
1035 Newfield Ave., Stamford, CT 06905, (203) 487-0983
Open: Lunch - Friday at 12:00pm for senior adults
Eligibility: Anyone 60 years of age or older.
Requirements: Reservations required; Suggested donation of $6.00 for anyone 60 years of age or older.
"All meals are kosher."

The Over 60 Club
Located in Saint John’s Episcopal Church, 628 Main St.,
Stamford, CT 06901, (203) 249-2627
Open: Lunch – Monday - Friday at 12:00pm
Eligibility: Anyone 60 years of age or older.
Requirements: None, suggested donation of $2.00 to $3.00 for anyone 60 years of age or older. No one is turned away due to inability to pay

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Revised 1/28/2020

(Continued on other side)

To view this guide online, please visit: https://www.uwwesternct.org/stamfordfoodcollaborative