FOOD PANTRIES

Faith Tabernacle Church Food Pantry
29 Grove Street, Stamford, CT 06901
(203) 348-8755 x14 | www.faithtabct.org
Open: Thursday, 7:30am - 10:30am
Eligibility: Anyone
Requirements: Proof of address
Frequency of Visits: Weekly

New Covenant Center
174 Richmond Hill Avenue, Stamford, CT
(203) 964-8228 | www.newcovenantcenter.org
Open: Tuesday & Friday, 10:30 am - 2:00 pm; Thursday, 10:30 am - 4:00 pm
Eligibility: Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich
Requirements: Pantry Applications—Wednesdays from 11 am - 2 pm. Proof of identification (state-issued ID or passport; birth certificate for children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)
Frequency of Visits: Monthly by appointment

Neighbor to Neighbor
248 East Putnam Avenue, Greenwich, CT 06830
www.ntngreenwich.org
Open: Monday & Saturday 8:30 am - 12:30 pm; Wednesday & Thursday 3:30 - 5:30 pm
Eligibility & Requirements: Social service agency referral
Frequency of Visits: Unrestricted

Person-to-Person
www.p2phelps.org
Must call for an appointment.
P2P is operating its Mobile Food Pantry at the following locations:
Monday: 11am-1pm, Yerwood Center; 2pm-4pm, Stamford Manor
Tuesday: 11am-1pm, Ferguson Library South End Branch; 2pm-4pm, Quintard Terrace
Wednesday: 11am-3pm, DOMUS; 2pm-4pm, ICCNY
Thursday: 3pm-7pm, Building One Community
Friday: 11am-3pm, DOMUS
Eligibility: Open to residents in need of food living in Stamford, Darien, New Canaan, Norwalk, Westport, Weston, Wilton
Requirements: Call (203) 655-0048 for an appointment and necessary documents to bring
Frequency of Visits: Every 28 days

For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday—Friday. Drop off time between 1:30pm-2:30pm

Schilo Food Pantry Program
Schilo Seventh-Day Adventist Church
977 Hope Street, Stamford, CT 06907
(203) 293-8256 | www.facebook.com/schilofoodpantry/
Open: Every 2nd Sunday of the month at 2:00pm
Eligibility: Fairfield County residents
Requirements: Must complete an application with a photo ID
Frequency of visits: Unrestricted

Schoke Jewish Family Service
196 Greyrock Place, Stamford, CT 06901
(203) 921-4161 | www.ctjfs.org
Open: Monday, Tuesday & Wednesday, 10:30 am - 12:30 pm; Other times available by appointment
Eligibility: Anyone in need of food
Requirements: Must complete intake application
Frequency of Visits: Once a month
Food: Kosher products only

The Salvation Army of Stamford
198 Selleck Street, Stamford, CT 06902
(203) 359-2320 | www.ctru.salvationarmy.org/sne
Open: Monday & Wednesday, 9 am - 12 pm
Eligibility: Stamford residents in need of food
Requirements: Must fill out an application; must have picture ID; proof of address (rental lease & other piece of mail with address)
Frequency of Visits: Once a month

Wilson Memorial Church of God
164 Richmond Hill Avenue, Stamford, CT 06902
(203) 557-9807
Open: Thursday, 1 - 2 pm.
Sign up for a ticket starts at 9 am.
Eligibility: Anyone in need of food
Requirements: Must have a ticket—Tickets are handed out at 9 am
Frequency of Visits: Weekly
if your organization would like to receive food, or if you are a food donor and have excess food to donate.

Women's Mentoring Network, Inc.
141 Franklin Street, Stamford, CT 06901
(203) 357-1561, (203) 348-3828
www.wmninc.org
Open: Last Friday of every month 9:00am-5:00pm
Eligibility: Clients of Women's Mentoring Network

FOOD BANKS

Connecticut Foodshare
2 Research Parkway, Wallingford, CT 06492
(203) 469-5000 | www.ctfoodshare.org
Servicing the town pantries, soup kitchens, & other programs; providing direct-service programs including Mobile Food Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County
461 Glenbrook Road, Stamford, CT 06906
(203) 358-8898 | www.foodbanklfc.org
The Food Bank of Lower Fairfield County provides food to any qualified non-profit agency in a six town area of Fairfield County (Darien, Greenwich, New Canaan, Norwalk, Stamford, Wilton) that serves low income people through congregate meals or bags of groceries.

STAMFORD PUBLIC SCHOOLS FREE SUMMER MEALS

Breakfast and lunch are free to all Stamford Public School students through summer 2022. Visit www.endhungerct.org/services/summer-meals to locate a meal site near you or call (203) 977-1177 for more information.

STAMFORD FOOD COLLABORATIVE

United Way of Western Connecticut

A GUIDE TO ACCESSING FOOD IN STAMFORD

The Stamford Food Collaborative includes critical food assistance providers, such as food pantries, congregate meal programs, and meal delivery programs. Food assistance providers offer a variety of options following all local health and safety precautions. Options may include pre-packaged groceries, grocery delivery, drive-thru grocery pick up, grab and go meals, and in-person shopping and dining among others. Please review the listings and contact food assistance providers directly for additional information.

HOME DELIVERIES

Person-to-Person
For those who cannot go to the pantry, home deliveries can be booked by calling (203) 655-0048. Deliveries are Monday - Friday. Drop off time between 1:30 - 2:30pm.

Home Deliveries / Seniors

The Stamford Senior Center
www.stamfordseniorct.org
Senior Lunch Program, reduced fair food for individuals who are 60+ years old. For more information, contact Cynthia Crain at (203) 977-5151 or ccrain@stamfordct.gov

Catholic Charities Senior Nutrition Program Meals on Wheels
(203) 324-6175 | www.ccfairfield.org/programs/senior-nutrition
Receiving referrals for their Meals on Wheels program for homebound seniors, 60+ years. Delivers pre-packaged single or double meals up to 7 days per week. Reviews new referrals on a case-by-case basis.

SilverSource
2009 Summer Street, Stamford CT 06905
(203) 324-6584 | www.silversource.org
Senior Well Check / Virtual Companion Telephone support: Seniors can sign up for a weekly Well Check call as well as support for food and assistance with other services, community, and support programs. Ask about special dietary or renal diet accommodations.

Professional Referrals:
https://silversource.org/professional-referrals/
Call for information about food or other services.

CONGREGATE MEALS

New Covenant Center Café
174 Richmond Hill Ave., Stamford, CT 06902
(203) 964-8228 | www.newcovenantcenter.org
Grab and go meals are distributed for lunch Monday-Sunday, 12:30-1:30 pm and for dinner Monday-Saturday, 4:30-5:30 pm. Meals are distributed from the doorway. Vaccinated guests can eat inside on weekdays, if they wish, but grab and go meals are always available. Grab and go meals will only be available on the weekends. This is subject to change based on any updated CDC or State mandated procedures.

Catholic Charities Senior Nutrition Program
(203) 324-6175 | www.ccfairfield.org/programs/senior-nutrition-program
For individuals 60+

Jewish Community Center
1035 Newfield Avenue, Stamford, CT 06905
Monthly luncheon meal at 12 pm—$6 suggested donation

Stamford Senior Center
888 Washington Boulevard, Stamford, CT 06901
Lunch Monday - Friday from 11:30 am - 2 pm—$4 suggested donation

Over 60 Club
628 Main Street, Stamford, CT 06901
Lunch Monday - Friday at 12 pm—suggested $3 donation

STAMFORD WIC PROGRAM (Women, Infants & Children)

(203) 977-4385
Currently all appointments are by phone. Call and leave a message with your name and number. Services: Individual time to speak with a nutritionist or trained professional about your or your child's diet; breastfeeding support and information; referrals to health care and other social services: an eWIC card to buy healthy food for you or your children.

WIC Eligibility: Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends); breastfeeding women (up to infant's 1st birthday); non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends); infants** (up to 1st birthday); children** up to their 5th birthday.
**fathers, grandparents, foster parents or guardians may apply.

WIC Requirements: Must live in Connecticut, but you do not need to be a U.S. citizen; complete a nutrition assessment with WIC staff; must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

SNAP (Food Stamps)

End Hunger Connecticut! SNAP Call Center
www.endhungerct.org
End Hunger Connecticut!'s bilingual (English/Spanish) SNAP Call Center offers free assistance for applications, redeterminations, and more related to SNAP seven days a week with flexible appointments. Call toll-free at 866-974-SNAP (7627). For more info, to check hours, or to use our free online prescreener, visit www.ctsnap.org. If you are prompted to leave a voicemail, please leave your name and best phone number and we will return your call. Also learn about free summer meals, SNAP-doubling at farmers' markets, and more at www.endhungerct.org.

OTHER SERVICES AVAILABLE

Fairgate Farm
129 Stillwater Ave., Stamford, CT 06902
(203) 940-2305
www.fairgatefarm.com
(Bus #21 stops right in front of Fairgate Farm)
Volunteer-powered urban farm growing fruits and vegetables where volunteers can take a share of the harvest. Seasonal farm market where local produce can be purchased at affordable prices. SNAP EBT cards and WIC & Senior Farmers' Market Nutrition Program checks accepted and value doubled! All are welcome. Please visit website for information on volunteering, market information and hours.

Food Rescue US
(800) 280-3298 x10
www.foodrescue.us
Food Rescue US—Fairfield County transfers fresh, excess food from grocers, restaurants, schools, farms and other food donors to social service agencies that work with food insecure clients. Contact Danielle Blaine at danielle@foodrescue.us if you would like to volunteer, if your organization would like to receive food, or if you are a food donor and have excess food you would like to donate.

Filling in the Blanks
(203) 750-0019
www.fillingintheblanks.org/register-for-meals
Distributes weekend meal bags directly to children. Works with schools, after-school programs, and summer camps in towns across Fairfield and Westchester Counties. Children who qualify for the free/reduced meal program, are part of the ALICE population or are identified as in need by schools are eligible. To find out how to register your child, volunteer, or donate, please contact info@fillingintheblanks.org

FOR MORE INFORMATION

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 883-0879. For more information about community resources, please dial 2-1-1 or visit www.211ct.org

IF YOU WANT TO HELP

Donate
You can donate to the Stamford Food Collaborative by going to:
www.uwwesternct.org/stamfordfoodcollaborative

You can also donate directly to the organizations listed on this guide.