

OTHER COMMUNITY RESOURCES

SILVERSOURCE - 203-324-6584

2009 Summer Street, Stamford CT

Provides a safety net to seniors in need through direct assistance, services, counseling and advocacy, for urgent needs around housing, utilities, medical care and food.

STAMFORD SOCIAL SERVICES -203-977-4747

888 Washington Boulevard, 9th floor

Provides Stamford residents with information and assists in their access to programs and/or resources that meet their basic human needs and protect their basic human and legal rights.

RENTER'S REBATE : 203-977-4747

SENIOR PROPERTY TAX RELIEF : 203-977-5888

ENERGY ASSISTANCE PROGRAM :

203-357-0720 ext. 401

OUR MISSION

In 2015, United Way formed the Stamford Food Collaborative (SFC), bringing together more than 30 organizations including food pantries, soup kitchens, nonprofits, and passionate community members. This group works collaboratively to have a greater impact on community hunger and food insecurity among struggling, hard-working families in Stamford. The mission of the SFC is to improve access to food, quality of food and sustainability of food for all members of our city.



NEW COVENANT CENTER CAFE

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT 06902

(203) 964-8228

Breakfast : Monday - Friday 10:30am-11:30am

Lunch: Monday - Sunday, 12:30pm - 1:30pm,

Dinner : Monday - Saturday, 4:30pm - 5:30pm

Eligibility: Anyone in need of food.

Requirements: None

OTHER FOOD SERVICES AVAILABLE

MEALS ON WHEELS (Catholic Charities)

203-324-6175

Open: Monday-Friday 8:00am-4:30pm

Eligibility: Homebound seniors, 60+ years. Those who don't qualify have the option to pay for meals privately.

Food: Pre-packaged single or double meals delivered for up to 7 days per week; therapeutic diets.

SCHOKE JEWISH FAMILY SERVICE

Provides home-delivered kosher meals at discounted rates for those who qualify.

For more information, call 203-921-4161

FAIRGATE FARM

www.fairgatefarm.com (203)977-1400 ext 3408

129 Stillwater Ave., Stamford, CT 06902,
(Bus #21 stops right in front of Fairgate Farm.)

Farmers Market: June-October

Thursdays 12-6pm , Saturdays 9am-12pm

Eligibility: All are welcome (*SNAP, WIC, and Senior Farmer' Market Nutrition coupons accepted*)

Frequency of Visits: Unlimited

Food: Organically grown fruits and vegetables
Volunteers who help out can receive what is grown on the farm.

SNAP (formerly known as Food Stamps)

Provides a monthly stipend for purchasing nutritious food. If you qualify, you'll get a debit card to use for groceries. Apply in person at DSS Office, 1642 Bedford Street, Stamford CT. (203) 251-9300 or online at www.connectct.gov

END HUNGER CONNECTICUT!

Provides assistance with SNAP Applications and redeterminations.

SNAP Info Line: 866-974-SNAP

(or 866-974-7637)

MOBILE FOOD PANTRIES

CT FOOD BANK MOBILE FOOD PANTRY

Mobile Food Pantries provide fresh produce & dairy products, as well as shelf-stable foods.

Weather Cancellation Policy: CT Food Bank mobile food pantries are cancelled if Stamford Public Schools are closed.

UNION BAPTIST CHURCH

805 Newfield Ave., Stamford, CT 06905

Every 2nd Tuesday of the month

5:30pm - 6:30pm

PERSON-TO-PERSON ON WHEELS

MOBILE FOOD PANTRY

Call for an Appointment: (203) 655-0048

The Mobile Food Pantry is at the following locations during the week:

Yerwood Center, 90 Fairfield Ave.

Monday, 11:00am - 1:00pm

Stamford Manor, 26 Main St.

Monday, 2:00-4:00pm

Ferguson Library South, 34 Woodland Ave.

Tuesday, 11:00am - 1:00pm

Shippan Place, 521 Shippan Ave

Tuesday, 2:00— 4:00pm

Domus, 83 Lockwood Ave.

Wednesday, 11:00am - 3:00pm

Building One Community, 75 Selleck St.

Thursday, 3:00 - 7:00 pm

P2P does not provide bags. Please remember to bring your own bags!

Weather Cancellation Policy: P2P on Wheels is cancelled if Stamford Public Schools are closed and/or the possibility of snow is in forecast.



STAMFORD

FOOD COLLABORATIVE

FOOD GUIDE FOR SENIORS



Produced by:

**The Senior Subcommittee
of the Stamford Food Collaborative &
United Way of Western Connecticut**

To view this guide online, please visit:

[www.uwwesternct.org/
stamfordfoodcollaborative](http://www.uwwesternct.org/stamfordfoodcollaborative)

STAMFORD FOOD COLLABORATIVE

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 348-7711. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

CONGREGATE MEALS *

The following three sites are operated by: CATHOLIC CHARITIES' SENIOR NUTRITION PROGRAM
(203) 324-6175 www.ccfairfield.org

JEWISH COMMUNITY CENTER

1035 Newfield Ave., Stamford, CT 06905
(203) 487-0983

Lunch: Friday at 12:00pm for senior adults
Eligibility: Anyone 60 years of age or older.
Requirements: Reservations required;
Suggested donation of \$6.00
**All meals are kosher.*

THE OVER 60 CLUB

Saint John's Episcopal Church, 628 Main St., Stamford, CT 06901, (203) 249-2607

Lunch - Monday - Friday at 12:00pm
Eligibility: Anyone 60 years of age or older
suggested donation of \$2.00 to \$3.00

STAMFORD SENIOR CENTER

www.stamfordseniorct.org
888 Washington Blvd., Stamford, CT, 06901
(203) 977-5151

Lunch : Monday - Friday, 11:30am - 2:30pm
Eligibility: Anyone 60 years of age or older
Requirements: Must register with Catholic Charities Office on 2nd floor of Gov't Center
Suggested donation of \$4.00

** Meals must be eaten at the congregate meal site and cannot be taken home.*

**No one is turned away due to inability to pay.*

FOOD PANTRIES

FAITH TABERNACLE CHURCH

www.faithtabct.org
29 Grove Street Stamford, CT 06905
(203) 348-8755

Open: Monday –Thursday, 9:00am - 4:00pm,
Emergencies only (Thursdays 8:00am - 10:30am)
Eligibility: Anyone in need of food.
Requirements: Must fill out an application.
Frequency of Visits: Once a week or whenever in need.
Food: Meat, canned goods, pasta, produce, bread, & dessert on occasion.

HAITIAN AMERICAN COMMUNITY CENTER

93 Hope St., Stamford, CT 06906
(203) 406-0343
Open: Thursday, 11:00am – 2:00pm
Eligibility: Anyone in need of food.
Requirements: Must fill out an application.
Frequency of Visits: Every Thursday
Food: Chicken, vegetables, pasta, rice, canned goods.

NEW COVENANT CENTER

www.newcovenantcenter.org
174 Richmond Hill Ave., Stamford, CT 06902
(203) 964-8228
Open: Tuesday & Friday, 10:30am - 4:30pm;
Thursday, 10:30am - 2:00pm
Eligibility: Open to low-income residents
Requirements: Pantry applications are accepted on Wednesdays from 11:00am - 2:00pm.
Proof of identification (state-issued ID or passport; proof of address (rent receipt or utility bill); proof of income (social security, pensions, etc.)

Frequency of Visits: Monthly by appointment.
Food: Non-perishable items, dairy products, fruit, vegetables, meat & bread.

PERSON-TO-PERSON

www.p2phelps.org
1864 Post Rd., Darien, CT 06820
(203) 655-0048

Must call for an appointment

Open: Monday – Friday, 9:00am - 4:00pm,
Saturdays, 9:00am - 12:00pm
Closed on Saturdays June through August.
Eligibility: Open to low-income residents in need of food who reside in Stamford, Darien or New Canaan.
Requirements: Call (203)655-0048 for an appointment and to find out the necessary documents to bring.
Frequency of Visits: Every 28 days
Food: Non-perishable items, milk, fruit, vegetables & meat.
Please remember to bring your own bags!

SALVATION ARMY

www.ctr.salvationarmy.org/sne
198 Selleck St., Stamford, CT 06902
(203) 359-2320
Open: Monday & Wednesday, 10:00am - 3:00pm
Eligibility: Stamford residents in need of food.
Requirements: Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address.)
Frequency of Visits: Once a month.
Food: Produce, canned vegetables, meat, pasta, cereal, canned fruit.

SCHILO FOOD PANTRY

www.facebook.com/schilofoodpantry/
Schilo Seventh-Day Adventist Church
977 Hope St., Stamford, CT 06907
(203) 293-8256

Open: Every 2nd & 4th Sunday of the month, 10:00am -12:00pm
Eligibility: Fairfield county residents in need of food.
Requirements: Must fill out application & have a photo ID.
Frequency of Visits: Every 2nd & 4th Sunday of the month.

SCHOKE JEWISH FAMILY SERVICE

www.ctjfs.org
196 Greyrock Place Stamford, CT 06901
(203) 921-4161
Open: Monday, Tuesday & Wednesday, 10:30am - 12:30pm, Other times available by appointment only.
Eligibility: Anyone in need of food.
Requirements: Must complete application showing proof of residency, income & household.
Frequency of Visits: Once a month.
Food: Kosher products only.

WILSON MEMORIAL CHURCH OF GOD

164 Richmond Hill Ave., Stamford, CT 06902
Open: Thursday, 1:00pm - 2:00pm
Eligibility: Anyone in need of food.
Requirements: Call to make an appointment, sign up from 9:00am -12:00pm.
Frequency of Visits: Weekly, Every Thursday
Food: Meat (when available), canned goods, bread, pasta, juice, cereal, eggs, vegetables, fruit.

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